

# *the* Gottman Seven Principles Program

## Acknowledgement

To: All Couples Class Attendees:

Welcome to this *Seven Principles* Class. We want to take a moment and advise you that this workshop is psycho-educational, meaning that it was designed to serve as teaching and guidance for you and is NOT couples therapy. Educators are available to assist with class exercises, not to conduct therapy. If you wish to pursue counseling, we suggest that you visit the Gottman Institute website at [www.Gottman.com](http://www.Gottman.com) to find information that will help you locate a couples therapist who is trained in Gottman Couples Therapy. We may also be able to accommodate you in individual or couples counseling upon request.

Please sign this form below to acknowledge that you have read and understand this information.

Thank you & enjoy the class

Diane Myers

Class Attendee #1..... Date.....

Class Attendee #2..... Date.....